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P. O. Box 87022  
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**BOOK BLURB**™

Write it Down, Make it Happen by Henriette Anne Klauser

We all love to write right? You guessed it. Many of us do not. The last time most of us wrote something was probably a college English paper. Have you taken note that the SAT now contains an essay portion? Yes, like it or not, we are moving toward having to express ourselves in written form. When was the last time you pulled that “To Do List” from your purse, your mirror, or your refrigerator to check off the completed tasks? Didn’t you feel a sense of accomplishment? Whether you looked at your grocery list, your child’s homework, or your PDA and checked an item complete you feel good finishing a task.

Well, this book by Henriette Anne Klauser is about writing, but not just grocery lists. She tackles relationships and other life events. Her premise is simple: If you write it down, you are more likely to accomplish the task. It comes down to getting the thought out of your brain into full view. This action may allow you to relax, which was impossible before because the thoughts were all jumbled in your head. Try the exercise out the next time you feel you can’t quite stay with your new year resolution or the home improvement project or the family vacation. You just might find yourself taking the long awaited vacation to that far away exotic location with the person you had hoped you would meet one day.

**Rated P for Purposeful Reading**

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**In print ...**

- Tranquil Planet
- Canton Eagle, Plymouth Journal, and Northville Journal the week of 5/19/05 for 6 consecutive weeks
- Romulus and Belleville for 7 consecutive weeks following this 6 week stint in above publications
- Mosaic Youth Theatre of Detroit Program for the “Now that I Can Dance, Motown-1962” Revue Performances during 5/13-15 and 5/20-22/05.